

Icebreaker - Story of My Life

You have just been given a contract to write your autobiography for a major publishing company. Your agent Harry Hardnose is anxious to get to press. He has decided to help you get started with a few probing question.

1. First, take a piece of flipchart paper and fold it in half and then in half again to form a book.
2. Choose the title of a popular song for the name of your book. Write that title on the front cover.
3. On the inside of the front cover (page two), list a table of contents.
 - o Name of the place where you were born
 - o Your favorite food
 - o Your Hobby or special interest
4. On page three, draw a picture of your family.
5. On the back cover of the book, draw a picture of what you plan to do for a career.

Materials Needed

Paper
Markers

Time

Allow 5-10 minutes for setup, and drawing. When all books are complete, have each student tell their story, using the book as a visual aid. Depending on the size of the class, you may have to use time in two class periods.

Purpose

This will give your class something different as a way to introduce themselves than just standing up and reciting a list of specifics. It allows for a little creativity, and gives the apprehensive speaker something to refer to and something to do with their hands.